

HOT LUNCH MENU

Mon, Oct. 1: Hot dogs, baked beans, fresh veggies, doritos, pears

Tues, Oct. 2: Pepperoni pizza, corn, peaches, rice krispy treat

Wed, Oct. 3: Burrito, assorted toppings, refried beans, banana

Thurs, Oct. 4: Chicken fried steak, mashed potatoes, gravy, corn, pineapple

Fri, Oct. 5: Taco hot dish, peas and carrots, garlic toast, grapes.

Mon, Oct. 8: Chicken Quesadilla, cheese sauce, toasta chips, fresh veggies, peaches

Tues, Oct. 9: Spaghetti, meat sauce, fresh veggies, garlic toast, mandarin oranges

Wed, Oct. 10: Ham & scalloped potatoes, green beans, fruit salad

Thurs, Oct. 11: Chicken burger, cheesy vegetables, chips, applesauce

Fri, Oct. 12: Taco in a bag, meat, assorted toppings, ice cream cup

Mon, Oct. 15: Corn dog, buttered noodles, baked beans, Italian ice

Tues Oct. 16: Sloppy Joes, mashed potato bites, fresh veggies

Wed, Oct. 17: Chicken nuggets, mac & cheese, broccoli, jello with fruit

Thurs, Oct. 18: NO SCHOOL/TEACHER'S CONVENTION

Fri, Oct 19: NO SCHOOL/TEACHER'S CONVENTION

Mon, Oct 22: Cheeseburger, smiley taters, asst. toppings, ice cream bar

Tues, Oct. 23: Mac & cheese, chicken nuggets, fresh veggies, blueberries

Wed, Oct. 24: Turkey w/gravy, mashed potatoes, corn, fruit cup

Thurs, Oct. 25: BBQ pork, baked beans, coleslaw, grapes

Fri, Oct. 26: Chicken noodle soup, peanut butter & jelly, veggies, mixed fruit

Mon, Oct. 29: Meatballs, gravy, mashed potatoes, green beans, pineapple

Tues, Oct 30: Super nachos, refried beans, asst. toppings, pears

Wed, Oct. 31: Cheesy French bread, tomato soup, fresh vegetables, dessert

Thurs, Nov. 1: Turkey croissant, pasta salad, asst. toppings, banana

Fri, Nov. 2: Pizza hot dish, carrots, bread sticks, applesauce

Milk, Bread Offering, Salad Bar Daily

BREAKFAST MENU

Serving from 8:00 am – 8:20 am

Breakfast consists of:

1 main item, toast, juice, milk, yogurt,
cereal

Week of October 1:

Monday: Pastry, cheese omelet

Tuesday: Assorted muffins, sausage links

Wednesday: Assorted breakfast biscuits

Thursday: Caramel roll

Friday: French toast sticks, sausage patty

Week of October 8:

Monday: Breakfast Pizza

Tuesday: Pancakes, sausage links

Wednesday: Assorted breakfast biscuits

Thursday: Caramel roll

Friday: Bagel, sausage patty

Week of October 15:

Monday: Pancake, sausage dog

Tuesday: Biscuits and gravy

Wednesday: Assorted biscuit sandwiches

Thursday: No School

Friday: No School

Week of October 22:

Monday: Pastry and cheese omelet

Tuesday: Muffins and scrambled eggs

Wednesday: Assorted breakfast biscuits

Thursday: Caramel roll

Friday: French toast sticks, sausage patties

Week of October 29:

Monday: Breakfast pizza

Tuesday: Pancakes and cheese omelet

Wednesday: Assorted breakfast biscuit

Thursday: Caramel roll

Friday: Bagel, scrambled eggs

Head Lice Reminders

In the United States, head lice infestations are most common among preschool and elementary school-age children and their household members regardless of socioeconomic status and hygienic living conditions.

According to research head lice infestations predominantly affect the age group of 3-11 years, with an estimated 6 million to 12 million cases annually.

Head lice are not known to cause disease; however, secondary bacterial infection of the skin resulting from contaminated scratching and related lesions can occur. Research has shown that the survival of head lice when not on the head is usually less than one day, and the eggs can only hatch when incubated by body heat found near the scalp. Transmission occurs primarily through head-to-head contact and infrequently through indirect contact with shared personal belongings.

Even with this knowledge, the presence of head lice can negatively affect families and schools. For the student and family there can be significant social stigma and caregiver strain. In the school setting head lice can significantly disrupt the education process.

